

Wells Parks & Recreation  
Fall Youth Soccer Rules and Covid Procedures 2021

- Each group/team will have their own separate area and equipment; please do not cross areas or share equipment.
- Each participant is encouraged to bring their own ball and water bottle (with their name on it)
- NO sharing of water, snacks, or personal equipment.
- Separate areas will be marked out for participants to put their water bottle and other items. Please make sure player's things are not closely placed next to someone else's. Place cones out to mark off spots for players to put their items, space them 6' or more feet apart.
- If coaches take Rec soccer balls home, we ask that you store the balls in a place where they will be protected from the elements and out of extreme heat or cold.
- Avoid high fives, handshakes, fist bumps or hugs. During group huddles or cheers everyone should be 3 feet apart. Discourage spitting.
- Participants need to keep 3-6' or more social distancing space between themselves and other players in the practice areas, including on the sideline and bench.
- Use cones or lines to identify spaces for players to stand apart from other players.
- Work on drills or skills that players can do apart from other players. IF working on a partner drill keep the pair more than 3-6' apart; use cones to identify where they should stand.
- No one should be using their hands to pick up the ball; feet only. \*Goalies excluded
- If no goalies, smaller pop-up goals can be used for older players to increase the difficulty.
- No throw in's; free kicks will be taken for all out of bounds situations.
- All players should be more than an arm's length away during free kicks or goal kicks.
- Mouth guards must stay in the mouth. If taken out your mouth; both the mouth guard and hands need to be washed before returning to play.

- No drop balls, instead ref will award a free kick to whichever team had possession of the ball; alternating possession may be used.
- Games will be 5v5 on the field; 1 goalie. Encourage players to stay spread out and pass the ball from further away not to run close to teammate then pass.
- Substitutes will stand on sideline socially distant from benches on designated spot.
- Games will be two 20-minute halves; with a break at 5-10 minutes for water if needed.
- Penalties in the box will be an indirect kick; only 2 players from each team (not including the kicker) can be in the box at this time in order to keep players spread out.
- During goal kicks, a player from the kicking team will kick the ball from the goal box with 2 team mates just outside the penalty box. The other team must be behind the half line until the ball is kicked.
- No slide tackling: players must stay on their feet to challenge the ball. If knocked down they must get up before kicking the ball.